



## We have many different ways we can communicate with you.

If you would like braille, British Sign Language, a hearing loop, translations, large print, audio or something else please call us on **0800 731 0175** or textphone **0191 218 2051** and tell us which you need.

Calls to 0800 numbers are free from landlines and mobiles.

## Treating people fairly

We are committed to the Equality Act 2010 and treating people fairly. To find out more about this law, search 'Equality' on [www.gov.uk](http://www.gov.uk)

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## About this forecast

### What is a State Pension forecast?

A State Pension forecast will show you how much State Pension you could get and the date you can get it.

You cannot get a forecast if you are already getting your State Pension or if you have delayed ('deferred') claiming it.

Your forecast is not a guarantee and is based on the current law. It does not include any increase due to inflation.

### Other ways to get a State Pension forecast

#### Online:

- visit [www.gov.uk/check-state-pension](http://www.gov.uk/check-state-pension)

#### Telephone:

- UK: **0800 731 0175** (Freephone)
- outside the UK: **+44 (0)191 218 3600**
- textphone: **+44 (0)191 218 2051**

What you need to do:

- please fill in this form and send it back to the return address at the end of this form
- make sure you answer all the questions in full
- please complete this form carefully. If you fill in this form using a pen, please use black ink and CAPITAL LETTERS
- you can download a copy of the form to your computer and fill it in. Go to [www.gov.uk](http://www.gov.uk) and search for 'BR19'.

## Forecast details

**01 National Insurance number**

**02 Title**  
For example, Mr, Mrs, Miss, Ms, or other.

**03 Surname or family name**

**04 All other names in full**

**05 Previous names**

**06 Address**

Postcode

**07 A phone number we can contact you on**  
For international numbers include country code.

Tick if you use a textphone

**08 Date of birth**  
DD/MM/YYYY

If you were born in 1962 or after,  
**go to question 12**

**09 Marital status**

Never been married or in a civil partnership **Go to question 12**

Married

Civil partnership

Divorced or dissolved civil partnership **Go to question 12**

Widowed **Go to question 12**

**10 If married or in a civil partnership, what is your partner's date of birth**  
DD/MM/YYYY

**11 Your partner's sex**

Male

Female

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## Acting for someone else

You can only request a forecast on someone else's behalf if you have registered your legal right for that individual with the Department for Work and Pensions (DWP).

### 12 Are you requesting your own forecast?

Remember - you can only request a forecast on someone else's behalf if you have registered your legal right for that individual with DWP, for example you are an Appointee or have Power of Attorney.

Yes **Go to question 16**

No

### 13 Your full name and title

For example, Mr, Mrs, Miss, Ms, or other.

### 14 Company or organisation name

(If applicable)

### 15 Address

Postcode

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## Alternative formats

### 16 The forecast will be printed. Can we adjust something to make it accessible for you?

For example, larger print or audio format.

### 17 Do you need the forecast in Welsh?

Yes

No

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## Your signature

Signature

Date

DD/MM/YYYY

Please return the completed form to this address:

Newcastle Pension Centre, Futures Group  
The Pension Service 9  
Mail Handling Site A  
Wolverhampton  
WV98 1LU

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## How DWP uses this information

When we collect information about you we may use it for any of our purposes. These include:

- social security benefits and allowances
- child maintenance
- employment and training
- investigating and prosecuting tax credits offences
- private pensions policy and retirement planning.

We may give information about you to other organisations as the law allows, for example to protect against crime.

To find out more about our purposes, how we use personal information for those purposes and your information rights, including how to request a copy of your information, go to [\*\*www.gov.uk/dwp/personal-information-charter\*\*](http://www.gov.uk/dwp/personal-information-charter)